



29th International Conference of Indian Association of Palliative Care Program



11 - 13 February, 2022

INAUGURATION | 10 FEBRUARY, 2022

HALL A - Live (06:30 p.m. - 8:00 p.m.)

DAY 01 | FRIDAY | 11 FEBRUARY, 2022

HALL A (01:00 - 09:00 p.m.)

01:00 p.m. - 2:30 p.m. **SESSION 1: Creating Synergy - Integrating Early Palliative Care into Oncology in the Indian setting**

Time	Topics	Speakers	Chairpersons	Moderators
18 Minutes	Advances in Systemic Anti Cancer Therapy - What does the Palliative Care Physician need to know?	Dr. Hemant Malhotra	Dr. Kabindra Bhagabati Dr. R G Sharma	Theme lead Dr. Vidya Vishwanat Moderator Dr. Deepshikha
18 Minutes	Early Palliative Care in Hematolymphoid Malignancies	Dr. Deepa Susan		
18 Minutes	Challenges with Integration and Early Palliative Care in the Indian scenario	Dr. Avinash Bonda		
30 Minutes	Panel Discussion	Dr. Sarbani Laskar Dr. Anshika Arora Dr. Kalpana Balakrishnan Dr. Anuja Damani		
6 Minutes	Q&A			

2:30 p.m. - 4:00 p.m.	SESSION 2: Quiz		Dr. K. V. Ganpathy	Dr. Shrenik Ostwal Dr. Pallavi Dr. Kahkasha
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4:00 p.m. - 4:30 p.m. **Break - (Delegates can visit Poster area)**

4:30 p.m. - 5:30 p.m. **SESSION 3: Plenary 1 - Equity in Access to Palliative Care**

Time	Topics	Speakers	Chairpersons	Moderators
20 Minutes	Equity in Access in Palliative Care: Teaching & Training	Dr. Sushma Bhatnagar	Mrs. Harmala Gupta	Dr. Shoba Nair
20 Minutes	Government policies to support delivery of Palliative Care in India	Dr. V K Paul		
10 Minutes	Initiatives taken by NBE in the past few years	Dr. Pawanindra Lal		
10 Minutes	Summarising of the session	Mrs. Harmala Gupta		

5:30 p.m. - 6:30 p.m. **SESSION 4: Clinical Excellence in Palliative Care**

Time	Topics	Speakers	Chairpersons	Moderators
18 Minutes	Clinical Excellence in Palliative Care	Dr. Karl Lorenz	Dr. Shiv Iyer Dr. Umesh Bhadani	Dr. Arun Ghoshal
18 Minutes	Clinical Reasoning - Practices for enhancing clinical judgement, rigorous systematic ways, decrease chances of errors, evidence base	Dr. Meera Agar		
18 Minutes	Lifelong learning in the Clinical Excellence - How to continually grow ideas to establish specific goals and learning plans	Dr. Mary Ann Muckaden		
6 Minutes	Q&A			

6:30 p.m. - 7:30 p.m. SESSION 5: Bringing Death back to Life: Ideas from the LANCET Commission on the Value of Death				
Time	Topics	Speakers	Chairpersons	Moderators
2 Minutes	Introduction Remarks	Dr. Soumya Swaminath	Dr. S C Pareek	Dr. Vandana Mangal
5 Minutes	Coordinators introduction about the Lancet Commission	Dr. Jocalyn Clark		
8 Minutes	Person with lived experience in a Family	Ms. Smriti Rana		
8 Minutes	Transformation of "Tamed Death" to "Forbidden Death"	Dr. Richard Smith		
8 Minutes	The Lancet Commission Recommendation	Dr. Libby Sallnow		
8 Minutes	Translating the recommendation to the plan of action for India	Dr. M.R. Rajagopal		
23 Minutes	Q&A			

7:30 p.m. - 8:00 p.m. Expressions				
8:00 p.m. - 9:00 p.m. SESSION 6: From the journal to the Bedside-Knowledge Translation				
Time	Topics	Speakers	Chairpersons	Moderators
18 Minutes	NEFOPAN	Dr. Shoba Nair	Dr. Kalpana Balakrishnan	Dr. Akanksha
18 Minutes	Advances in Management of Fatigue in advanced Cancer	Dr. Suresh Reddy		
18 Minutes	Reccomendations for the care of Patients receiving Conservative Kidney Management focus on Chronic Kidney Diseases and Symptoms	Dr. Gayatri Palat		
6 Minutes	Q&A			

DAY 01 | FRIDAY | 11 FEBRUARY, 2022

HALL B (01:00 - 09:00 p.m.)

1:00 p.m. - 2:30 p.m. SESSION 7 : Sustaining the Palliative Care Workforce				
Time	Topics	Speakers	Chairpersons	Moderators
25 Minutes	Self Care - Compassion and Humanity	Dr. Mhoira Leng	Mr. KM Noordeen Ms. Sanghamitra Iyengar	Dr. Gaurav Chanana
40 Minutes	Let's talk about Money	Dr. Nandini Vallath		
		Dr. Raghavendra Ramanjulu		
		Dr. Ambika Rajvanshi		
		Dr. Gayatri Palat		
25 Minutes	Q&A			
2:30 p.m. - 5:30 p.m. No session in this hall during this time				
5:30 p.m. - 6:30 p.m. SESSION 8 : Integration of Palliative Care in Interstitial Lung Disease (ILD)				
Time	Topics	Speakers	Chairpersons	Moderators
17 Minutes	Need assessment of patients with ILD	Dr. Miriam Johnson	Dr. Ankit Bansal Dr. Sumita Mohanty	Theme lead and Moderator Dr. Sunitha Daniel
17 Minutes	Respiratory - Palliative Joint Clinics: Need for the future	Dr. Sujeet Rajan		
17 Minutes	Palliative care outcomes: How we have made a difference to ILD patients	Dr. Rajam Iyer		
9 Minutes	Q&A			
6:30 p.m. - 7:30 p.m. SESSION 9 : Palliative Care in Parkinsonism				
Time	Topics	Speakers	Chairpersons	Moderators
20 Minutes	Palliative Care needs across the spectrum of Parkinsons Disease and Related Disorders (PDRD)	Dr. Jessica Baker	Dr. Rajinder Dhamija Dr. Ashwin Mathur	Dr. Shafika Banoo
20 Minutes	The Role for specialist Palliative Care in PDRD: Evidence & Practice	Dr. Zachary Macchi		
20 Minutes	Q&A			
7:30 p.m. - 8:00 p.m. Expressions				
8:00 p.m. - 9:00 p.m. SESSION 10 : Update in Pharmacology				
Time	Topics	Speakers	Chairpersons	Moderators
18 Minutes	Cancer Associated Thrombosis - Update on Direct Oral Anticoagulants (DOACs)	Dr. Nikki Pease	Dr. Sandip Mukhopadhyay Ms. Saroja Gangaiah	Dr. Roopesh Jain
18 Minutes	Urinary Anti-Muscarinics	Dr. Arun Ghoshal		
18 Minutes	Analgesics for Neuropathic Pain in Children	Dr. Megan Doherty		

DAY 01 | FRIDAY | 11 FEBRUARY, 2022

HALL C (2:00 p.m. - 8:00 p.m.)

Poster Presentations (P1 to P61)

DAY 02 | SATURDAY | 12 FEBRUARY, 2022

11:30 a.m to 12:30 pm **GBM:- (only for IAPC Members, on ZOOM Meetings link will be shared separately)**

HALL A (01:00 - 09:00 p.m.)

1:00 p.m. - 2:00 p.m. **SESSION 11 : Orphan Symptoms**

Time	Topics	Speakers	Chairpersons	Moderators
20 Minutes	Tenesmus	Dr. Yoshi Kizawa	Dr. Mohanasundaram Dr. Tony Biswas	Dr. Dipankar Dakua
20 Minutes	Xerostomia	Dr. Ghauri Aggarwal		
10 Minutes	Hiccups	Dr. Mahesh Menon		
10 Minutes	Q&A			

2:00 p.m. - 3:00 p.m. **SESSION 12 : Palliative Care in Covid**

Time	Topics	Speakers	Chairpersons	Moderators
5 Minutes	Introduction to the session and Faculty	Dr. Krithika Rao	Dr. Sudhir Bhandari Dr. Ankit Bansal	Dr. Nipun Lamba
10 Minutes	Introduction of Covid-19 Palliative Care and End of Life Care Plan Pathway	Dr. Seema Rao		
25 Minutes	Case based reflections on benefits and challenges of COVID Palliative Care	Dr. Shwethapriya Rao Dr. Vishal Shanbhag Dr. Pankaj Singhai		
20 Minutes	Q&A			

3:00 p.m. - 4:00 p.m. **SESSION 13 : Debate: What's in a Name? Should we change the name: Palliative Care?**

4:00 p.m. - 4:30 p.m. **Break**

4:30 p.m. - 5:30 p.m. **SESSION 14 : Plenary 2**

Time	Topics	Speakers	Chairpersons	Moderators
28 Minutes	My experience of Palliative Care in the last 40 years	Dr. Lucito Dsouza	Dr. Poonam Bagai Dr. Sukdev Nayak	Dr. Priyadarshini Kulkarni
28 Minutes	"If you can't measure it, you can't improve it" "Indicators for access to palliative care"	Dr. M. R. Rajagopal		

5:30 p.m. - 6:30 p.m. **SESSION 15: GOOD DEATH**

Time	Topics	Speakers	Chairpersons	Moderators
19 Minutes	Best Care of the Dying	Prof. John Ellershaw	Dr. Stanley Macaden Dr. Dinesh Goswami	Dr. Babita Varkey
19 Minutes	Dying in a Seriously ill Child	Dr. Chong Poh Heng		
19 Minutes	Quality of Death and Dying Index 2021: A Preference-Based Approach	Dr. Eric Finkelstein		
3 Minutes	Q&A			

6:30 p.m. - 7:30 p.m. **SESSION 16: Effective Leadership in Palliative Care**

Time	Topics	Speakers	Chairpersons	Moderators
20 Minutes	Need for Leadership in Palliative Care	Dr. Fiona Rawlinson	Dr. Seema Mishra	Moderator Dr. Seema Partani
20 Minutes	Teamwork and Leadership	Dr. Priyadarshini Kulkarni		
20 Minutes	Q&A			
7:30 p.m. - 8:00 p.m.	Feedback			

8:00 p.m. - 9:00 p.m. SESSION 17: From the journal to the bedside-Knowledge translation				
Time	Topics	Speakers	Chairpersons	Moderators
19 Minutes	Use of steroids in advanced cancer	Dr. Anil Paleri	Dr. Farzana Khan Dr. Rajashree K. C.	Dr. Praneeth Suvari
19 Minutes	Using Theory of Change Framework to enhance ICU Palliative Care Engagement in India	Dr. Naveen Salins		
19 Minutes	Importance of Relational diamention of helath care in the relief of suffering	Dr. Odette Spruyt		

DAY 02 | SATURDAY | 12 FEBRUARY, 2022

HALL B (01:00 - 09:00 p.m.)

1:00 p.m. - 3:00 p.m. SESSION 18: Nurses in Action - Best Practices in Empathy and Empowerment				
Time	Topics	Speakers	Chairpersons	Moderators
	IPM/ lymphedema	Ms. Shiny	Dr. Latha Srikanth Lt. Mrs. Alice Stella Ms. Neelima	Mr. Terry Mize Ms. Sangeeta N Ms. Anu Savio Thelly
	Wound Care	Ms. Sangeetha Murugan		
	Care of Bedridden Patient	Ms. Shakila Murali		
	Tracheostomy	Mr. Ramswaroop		
	Subcutaneous	Ms. Sumitra		
	Non Pharm	Ms. Durga		
	Oral Care	Ms. Meheli		

Q&A

3:00 p.m. - 5:30 p.m.

Break

5:30 p.m. - 7:30 p.m. SESSION 19: Research in Palliative Care: Increasing the odds of Publication				
Time	Topics	Speakers	Chairpersons	Moderators
25 Minutes	Gaps in Palliative Care research: Asking the right question?	Dr. Catherine Walshe	Dr. Ravi Varma Dr. Santosh Chaturvedi	Theme Lead Dr. Raghavendra Ramanjulu Moderator Dr. Pooja Mongia
20 Minutes	Appropriate design and methodology	Dr. Raghavendra Ramanjulu		
20 Minutes	Basic Statistics and Analysis	Dr. Rakesh Garg		
20 Minutes	Writing well – sharing the research story	Dr. Jennifer Jeba		
20 Minutes	Editor's Perspective	Dr. Raghu Thota		

Feedback

8:00 p.m. - 9:00 p.m. SESSION 20: Setting up a Palliative Care Program				
Time	Topics	Speakers	Chairpersons	Moderators
18 Minutes	Setting up a Practice of Palliative Care - A Hospital based Charitable Organisation	Dr. Mallika Thiruvadanan	Dr. Suresh Kumar Dr. Maya Mascarenhas	Dr. Nimisha Verma
18 Minutes	Setting up Palliative care in a Government Hospital	Dr. Savita Butola		
18 Minutes	Setting up a Palliative Care Program	Dr. Republica Sridhar		

Q&A

DAY 02 | SATURDAY | 12 FEBRUARY, 2022

HALL C (2:00 p.m - 8:00 p.m.)

Oral Presentations (Paper No. OP1 to OP42)

8:00 a.m. - 9:30 a.m. SESSION 21 : Integration – in Non-Oncology Settings

Time	Topics	Speakers	Chairpersons	Moderators
15 Minutes	Integration of Palliative Care into Elderly Care	Dr. Michael Silverman	Dr. Lalit Raiger	Theme lead Dr. Savita Butola Moderator: Dr. Ashish Mazumdar
15 Minutes	Integration of Palliative Care into Kidney Diseases	Dr. Pankaj Singhai		
15 Minutes	Integration of Palliative Care into Cardiac Conditions	Dr. Sunitha Daniel		
15 Minutes	Integration of Palliative Care into HIV	Dr. Savita Duomai		
15 Minutes	Integration of inclusive Palliative Care services in the community	Dr. Vivek Nirabhawane		

Q&A

9:30 a.m. -11:00 a.m. SESSION 22 : Withholding and withdrawing life support in India

Time	Topics	Speakers	Chairpersons	Moderators
15 Minutes	India: Not a place to die in	Dr. Roop Gursahani	Dr. Sheila Myatra Dr. Shabbar Joad	Dr. Saurabh Bhargava
15 Minutes	Withholding and Withdrawing in the Indian ICU setting	Dr. Raj Kumar Mani		
15 Minutes	End of Life Care Taskforce (ELICIT) - Formation, Evolution and its Impact	Dr. Srinagesh Simha		
15 Minutes	Legal Aspects of End of Life Care	Dr. Dhavni Mehta		
30 Minutes	Panel Discussion			

Q&A

11:00 AM - 11:30 AM Poster Break

11:30 AM - 12:30 p.m. SESSION 23 : PLENARY 3 -

Time	Topics	Speakers	Chairpersons	Moderators
28 Minutes	Research in Palliative Care in Low and Middle Income Countries	Dr. Eduardo Bruera	Dr. Srinagesh Simha	Dr. Manisha Hemrajani
28 Minutes	Sustainability	Dr. Frank Ferris		

12:30 p.m. - 1:30 p.m. SESSION 24 : Psychosocial issues in Palliative Care - the current evidence

Time	Topics	Speakers	Chairpersons	Moderators
5 Minutes	Introducing the chair by Dr. Seema Rao		Dr. Prabha Chandra Ms. Sangamitra Iyengar	Theme lead Dr. Seema Rao Moderator Dr. Apeksha
15 Minutes	Surviving the Blues: Depression and Anxiety in Palliative Care - The Way forward	Dr. Jayita Deodhar		
15 Minutes	Surviving Humanitarian Crisis - There is always something we can do	Dr. Chitra Venkateswaran		
15 Minutes	Surviving COVID 19 - Addressing the Mental Health Challenges of healthcare staff in Oncology and Palliative Care	Dr. Soumitra Datta		
10 Minutes	Wrapup by the Chairs			

1:30 p.m. - 2:00 p.m. Feedback

2:00 p.m. - 3:30 p.m. SESSION 25 : Managing Patients with Difficult Pain

Time	Topics	Speakers	Chairpersons	Moderators
20 Minutes	Refractory neuropathic cancer pain: Challenges and Management	Dr. Babita Ghai	Dr. PN Jain Dr. Kavita Jain	Theme lead Dr. Gaurav Sharma Moderator Dr. Prableen
20 Minutes	Difficult to Manage Breakthrough Pain	Dr. Andrew Davies		
20 Minutes	Psychosocial Pain: Going beyond Nerves and Analgesics	Dr. David Oliviere		
20 Minutes	Interventions for difficult to manage cancer Pain	Dr. Mayank Gupta		

Q&A

3:30 p.m. - 4:00 p.m. Valedictory

HALL B (08:00 - 03:30 p.m.)

8:00 a.m. - 9:30 a.m. **SESSION 26 : Instruments (TOOLS)**

Time	Topics	Speakers	Chairpersons	Moderators
12 Minutes	Edmonton Symptom Assessment Scale (ESAS)	Dr. Megha Pruthi	Dr. Pushplata Gupta Dr. Lulu Mathews	Dr. Vidya Viswanath
12 Minutes	Distress Thermometer	Dr. Arati Hota		
12 Minutes	Palliative Prognostic Index (PPI)	Dr. Avinash Tiwari		
12 Minutes	Neuropathic Pain Tools	Dr. Puneet Rathore		
12 Minutes	Dyspnoea Tools	Dr. Nandan Choudhary		
12 Minutes	Confusion Assessment Method (CAM) Tool	Dr. Kunal Ranjan Vinayak		
15 Minutes	Q&A			

9:30 a.m. - 11:00 a.m. **SESSION 27 : Palliative Care in Head & Neck Cancer**

Time	Topics	Speakers	Chairpersons	Moderators
20 Minutes	When do we need a surgeon?	Dr. Ravi Kannan	Dr. Ramamani Penumale Dr. Prabha Seshachar	Dr. Mohit Pal Singh
20 Minutes	Symptom Control 1	Dr. Reena George		
20 Minutes	Symptom Control 2	Dr. Priti Sanghavi		
20 Minutes	Lymphedema	Dr. Rebecca Marri		
10 Minutes	Q&A			

11:00 a.m. - 12:30 a.m. No session in this hall during this time

12:30 p.m. - 1:30 p.m. **SESSION 28 : NDPS ACT and maintaining the RMI status**

Time	Topics	Speakers	Chairpersons	Moderators
18 Minutes	Background: NDPS Act and amendment	Dr. Geeta Joshi	Dr. Sushma Bhatnagar Mr Ajay Pathak	Dr. Arshi Taj
18 Minutes	How to Apply for RMI status - Practical guidelines	Ms. Tripti Tandon		
18 Minutes	Institutional challenges in implementing Narcotic Drugs and Psychotropic Substances (NDPS) ACT norms	Dr. Rajith Ramchandran		

1:30 p.m. - 2:00 p.m. Feedback

2:00 p.m. - 3:30 p.m. **SESSION 29 : Sensitive Conversations**

Time	Topics	Speakers	Chairpersons	Moderators		
40 Minutes	Part One: Sensitive Conversations with children and families		Dr. Manish Sharma Dr. Reena Sharma	Dr. Biju Dr. Megha Pruthi		
	Sensitive Conversations with children and families	Dr. Lulu Mathews Dr. Spandana Rayala				
40 Minutes	Part Two: Intimacy & Sexuality in Palliative Care					
	Introduction to the topic	Dr. Biju Raghawan				
	Intimacy and Sexuality: What it is about?	Dr. Rajashree KC				
	Importance / Relevance of Intimacy in Palliative Care	Dr. Priyadarshini Kulkarni				
	Barriers regarding intimacy in Palliative Care	Dr. Nidhi Patni				
10 Minutes	Can we make a difference?	Dr. Biji M S				
10 Minutes	Q&A					